

## What to Expect With Your Sclerotherapy Treatment

We have treated your varicose and/or spider veins today. This is usually done with a sclerosing agent, a liquid, which is injected in to the affected vein. This liquid agent causes the inner lumen of the "insufficient" vein to "stick" together. This will tell the body to redirect the blood flow, back towards the heart, through a healthier vein.

TREATMENT AREA-The area treated will be red and angry looking for about a week. There may be a mild burning discomfort that comes and goes. This discomfort will fade in 24 hours. It will feel better with, than without compression. As the treated area heals, it will change from a reddened, often to a bruised, appearance.

COMPRESSION STOCKINGS- You will need to wear the compression stockings for at least 3 to up to 10 days after the procedure. We will tell you after treatment the specific length of time which is right for you. Please remember to bring your compression stocking to each appointment.

Heavy Lifting-You must refrain from lifting over 25lbs or putting strain on abdomen for 3-4 days.

WALKING - You will need to walk at least 20 min per day.

ARNICA - This herbal medicinal application is useful in decreasing the potential for bruising and/or pigment staining of the treated area. We usually recommend you purchase and apply twice a day to the treated area(s).

FOLLOW UP - This appointment is between two to four weeks after treatment.

### POSSIBLE SIDE EFFECTS:

TRAPPED BLOOD- Also known as a "lumpy bumpy". This can be a non tender or tender spot along the treated vein. It is a common occurrence with Sclerotherapy.

PIGMENTATION- Usually looks like a prolonged state of bruising, which over time, will change from purplish to a brownish in color and continues to fade.

SKIN SLOUGHING- If the vein that is treated collapses at the time of treatment or shortly afterwards, some of the sclerosing agent can leak into the surrounding tissue, causing a mild area of skin breakdown.

TELANGLECTATIC MATTING-Tiny new veins develop near treated area, this happens infrequently, and usually resolves in 4-6 months.

If you have foot or ankle swelling, call us.

Please call us if you have any concerns over your healing process 508-626-8346.