

# Injectable Instructions

## What to Expect

### During and immediately after treatment

Local numbing medication may be used to minimize your discomfort during the procedure. Most patients report mild discomfort.

You may experience mild to moderate amount of stinging or aching sensation post injection.

To ensure an even correction the physician will massage the area treated, which may cause a temporary, minimal to moderate amount of redness to your skin.

Bruising at the site of injection site is a commonly reported side effect. To minimize bruising, inform your provider if you use blood thinners such as ibuprofen, aspirin or herbal preparations prior to your procedure. Topical Arnica can be applied to the skin to reduce bruising in preparation for procedure and post procedure.

Temporary minimal to moderate swelling can be expected, which should dissipate following injection. Some patients report dramatic reduction in swelling hours after treatment.

It is normal to experience some tenderness at the treatment site for a few days.

## Post Treatment Checklist

- ✓ Apply ice pack or cold compress to the injection after treatment to reduce swelling. If swelling and redness persists too long, please contact Dr Davison.
- ✓ It is normal to feel "firmness" in your injection area for the first few days after treatment. Over time the line will soften leaving you a soft natural looking result.
- ✓ Makeup may be applied, and softly washing the face is ok shortly after treatment.
- ✓ Avoid all strenuous scrubbing, rubbing, or molding of your face post procedures. Fillers are still moldable for a few days post procedure.
- ✓ Be cautious when sleeping for the first few days. Try to avoid sleeping on the injection sites or with your hands at your face.
- ✓ Sun bathing, or excessive UV exposure should be avoided until the redness or swelling has subsided.
- ✓ Immediately report any worsening or persistent symptoms or side effect. Please call the office at 508-626-8346.