

# Post Smart Lipo Care

You will begin to recover as soon as the procedure is finished.

Follow the detailed instructions given to take care of your wounds.

You will need to follow your doctor's recovery instructions precisely pending the sites treated.

You will use compression bandages that are key to the recovery process. They encourage healing by preventing the affected tissues from shifting after the SmartLipo procedure. They can also help prevent your blood from clotting.

We suggest a bit of movement in the following days to promote circulation but limited to only minor activity.

In the days after, remember to not take any anti-inflammatory medicines or blood thinners like Aspirin. In addition, it is recommended that you do not smoke for a few days after the procedure.

You will heal from SmartLipo in several stages.

First, minor bruising and numbness may occur right after the SmartLipo procedure. These side effects should disappear within days, if not hours, of leaving the recovery room. The swelling will go down within a week. At this time you will be able to resume normal activities, or at the request of your doctor. However, once the swelling is gone, your recovery is finished and you will be able view the SmartLipo surgery's final results.

After your SmartLipo procedure, you will come back for your scheduled recovery checkups.

During these follow-up visits, we will examine you to make sure they are healing well. It is critical that you keep your appointments as you recover. Doing so will ensure that you heal without scarring and/or infection.

Most patients' skin is completely back to normal within three months of the SmartLipo procedure.